

PSYCHOLOGY OF BEHAVIOUR CHANGE

HEALTH & SAFETY



A one-day workshop exploring the psychology behind health and safety behaviour.

This workshop is for people working in the field of Health and Safety who want to adopt a more behavioural approach to improve adherence to Health and Safety systems at work.

EXPLORE...

- The four keys to motivating behaviour change
- How our 'humanness' can lead us away from safe behaviour
- Why we are naturally inclined to take risks
- How you can help your co-workers to MAINTAIN safe working practices over time
- Straightforward ways in which you can strengthen the impact of your health and safety messages

DATE & TIME

Wednesday 22nd September 2010
10.00am - 4.00pm
(9.45am for coffee and registrations)

VENUE

St David's Park Hotel
Ewloe, Nr. Chester, Flintshire, CH5 3YB

COSTS

Delegate Rate £75.00 + VAT
Healthy buffet lunch and refreshments included

WHAT OUR DELEGATES SAY:

"A very useful and relevant course for those working with individuals on behavioural change." **CHRIS BAGUMA**, Brent PCT

"Lots of good ideas to try to influence behaviour change." **JANE DARROCH**, Ealing PCT

"The course has made me re-think the way I approach my job... and the need to be more client centered." **DAWN MITCHELL**, Salford Community Leisure

"This workshop has made me look at my own practice and turn it on its head." **PAUL STENHOUSE**, Newcastle PCT

"An eye-opening participative workshop with across the board interest. I will take everything on board in my own work." **TRACEY ROBLEY**, Volunteer, North Tyneside VODA

"Not only enjoyable but full of practical and useful ideas and concepts to make a difference in the work I do to help people make changes to their lives." **BRUCE DINSMORE**, Craven District Council

"Excellent course, very beneficial and targets the work I am doing." **ANNA ROBERTS**, Bolton PCT

TO BOOK YOUR PLACE:

(Our Ref: St Davids CHN35)

NOTE: Closing date is
Wed 15th Sept 2010
(Early booking recommended)

ONLINE - register online at

www.hampsonsolutions.co.uk/behaviourchange.html

FAX BACK - complete the enrolment form below and fax it back to us on 01492 517815

FOR MORE INFO contact us on 01492 530700 or email denise@hampsonsolutions.co.uk

Name: _____

Organisation: _____

Position: _____

Email: _____

Telephone: _____

Address: _____

Postcode: _____

Purchase Order Number (if required): _____

PAYMENT OPTIONS (tick selection)

- Standard Delegate Rate - £125.00 + VAT
- Voluntary Sector / Charity Delegate Rate - £108.00 + VAT

Our address: Hampson Solutions Ltd, Commodore House,
51 Conway Road, Colwyn Bay LL29 7AW